

DRUG & ALCOHOL OVERDOSE

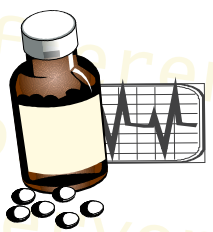
NOT Moving but **IS** Breathing

Turn them over onto their side
Continually check they are Breathing

NOT Moving & **NOT** Breathing

Try to get a response
Start CPR
Do 30 compressions on their chest
Tilt their head and give 2 breaths

CALL THE AMBULANCE ON 000



Delay could be DEADLY!

Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs



You have NOTHING to fear by calling the paramedics for help, and you may save a friend's life

Look out for your mates
Don't let anyone be alone



Keep going
Don't stop
30 Compressions then 2 breaths

